






















# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03



**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 	BBQ Chicken Served with Rice	Roast Chicken Served with Roast Potatoes and Gravy	Italian Chicken Served with Rice	Fish Fingers Served with Mashed Potatoes
JACKET POTATO	Veggie Cowboy Pasta 	Macaroni Cheese 	Quorn Sausages  Served with Roast Potatoes and Gravy	Incredible Burger  Served with Herby Diced Potatoes	Veggie Dippers  Served with Mashed Potatoes
DESSERT	Jacket Potatoes   with Beans	Jacket Potatoes   with Cheese	Jacket Potatoes   with Tuna Mayo	Jacket Potatoes   with Beans	Jacket Potatoes   with Cheese
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit 	Yoghurt and Fruit 	Yoghurt and Fruit 	Yoghurt and Fruit 	Toffee & Apple Muffin with 50% Fruit 

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit






















 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

# WEEK 2

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03, 07/04



**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 	Chicken Sausages Served with Mashed Potatoes	Roast Chicken Served with Roast Potatoes and Gravy	Chicken Tikka Masala Served with Rice	Battered Fish Fillet Served with Chips
JACKET POTATO	Veggie Balls in a Tomato Sauce  Served with Rice	Cheese and Tomato Pasta 	Qourn Sausages  Served with Roast Potatoes and Gravy	Macaroni Cheese 	Veggie Dippers  Served with Chips
DESSERT	Jacket Potatoes   with Beans	Jacket Potatoes   with Cheese	Jacket Potatoes   with Tuna Salmon Mayo 	Jacket Potatoes   with Beans	Jacket Potatoes   with Cheese
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit 	Yoghurt and Fruit 	Yoghurt and Fruit 	Yogurt and Fruit 	Flapjack

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

















 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

# WEEK 3

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03, 14/04



**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Chicken Burger in a Bun with Lettuce & Mayo Served with Diced Potatoes	Macaroni Cheese 	Roast Chicken Served with Roast Potatoes and Gravy	Italian Chicken Served with Rice	Fish Fingers Served with Herby Diced Potatoes
JACKET POTATO	Jacket Potatoes   with Cheese	Jacket Potatoes   with Beans	Jacket Potatoes   with Tuna Mayo	Jacket Potatoes   with Beans	Jacket Potatoes   with Cheese
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit 	Yoghurt and Fruit 	Yoghurt and Fruit 	Yoghurt and Fruit 	Mixed Berry Muffin 

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice